

Agreement for Doula Labor Support

Rhonda Taylor

(408) 772-9315

P.O. Box 7381, San Jose, CA 95150

rdoula@yahoo.com

www.rdoula.com

Clients name: _____

Clients contact numbers: _____

Clients home address: _____

Clients e-mail address: _____

Expected due date: _____

OB/Midwife and Hospital: _____

My Role as a Doula

As a Doula, I am trained, knowledgeable, and experienced in assisting in the process and experience of pregnancy and childbirth. My role is to provide continuous physical, emotional, and informational support to mothers and their partners during labor and birth. The Doula offers help and tips as deemed appropriate on comfort measures such as breathing, relaxation, movement, and positioning. She also assists families in gathering information about the course of their labor and their options.

Services I offer

- No charge consult meeting
- One to two prenatal visits
- Assistance in preparing for and carrying out plans/intentions for the birth (Birth Plan)
- Availability by phone and email during pregnancy and postpartum
- One postpartum visit
- Birth photography

Scope of Services

I will help to facilitate communication between the laboring woman, her partner, and clinical care providers. As a Doula, I can offer an objective viewpoint and assistance in getting the resources you need to make informed decisions. However, I will not make decisions for you.

I respect and support the mother's decisions! I will not offer personal advice or discourage the mother from her choices.

I offer physical, emotional and informational support during labor and delivery. However, I do not perform medical tasks such as fetal heart monitoring or vaginal exams.

~ Birthing and Parenting with Confidence ~

When Labor Begins

It is important that you contact me as soon as possible when you suspect labor has begun. I need approximately 90 minutes from the time you request my presence to the time I arrive. I am "on call" for you 10 days prior to your due date and until the birth of your baby. If you begin labor prior to this time and I am not available, I will make my best effort to provide you with a back-up Doula.

Your back up Doula is: _____

Birth Doula service fee

\$1,300.00 – \$1,450.00 sliding scale (at the discretion of the client; based on financial circumstances, the amount of time shared and your satisfaction with the services rendered).

The deposit/retainer fee of \$650.00 is due at the time the contract is signed to secure my availability. The remaining balance is due one week prior to the first prenatal appointment. All fees may be mailed to the address listed at the top of this contract.

In the unlikely event labor support services are not provided

It is extremely important that you contact me immediately if you feel labor is progressing rapidly. I (or my back-up if one was called for) will make every attempt to arrive as soon as possible. If I am unable to attend your birth (only in extenuating circumstances) and am able to provide a back-up Doula, all fees remain the same. If there are extenuating circumstances such as a rapid labor or cesarean birth where neither the Doula nor her back-up are able to attend at all, \$200.00 will be refunded to you.

In the event that your baby arrives prior to either pre-natal appointment, a second post-partum visit of approximately 2 hours will be offered instead. Whether or not you choose to utilize this visit, the total fee will be retained.

If the time I am with you extends past 24 hours, I reserve the right to call in a back-up Doula to support you while I rest. You have the right to refuse the back-up Doula and all fees remain the same.

If you choose not to utilize my services, at any point and for whatever reason, fees already paid will not be refunded.

Client Signature

Date (mm/dd/yy)